

USAT AGE GROUP RESULTS - HALF IRON

	Last Name	First Name	Sex	AGE	City	State	Final Time
F20-24							
1	Berger	Sarah	F	24	St. Paul	MN	5:05:16.0
2	Dewahl	Kathleen	F	24	Saint Paul	MN	5:25:58.9
3	Reimann	Katlyn	F	20	La Crosse	WI	5:49:43.7
4	Ulrey	Amanda	F	20	North Oaks	MN	5:52:45.7
5	Esch	Ellen	F	21	Northfield	MN	6:19:59.8
6	Rykken	Allison	F	22	Minneapolis	MN	6:47:10.2
7	Thom	Leah	F	22	St Cloud	MN	6:50:10.4
F25-29							
1	Arendt	Jackie	F	26	Madison	WI	4:27:44.4
2	Killian	Megan	F	27	Hancock	MI	4:58:49.6
3	Morgan	April	F	27	Minneapolis	MN	5:00:08.7
4	Roloff	Kendra	F	28	Bismarck	ND	5:04:56.0
5	Meyer	Jenny	F	29	Madison	WI	5:14:18.3
6	Novakofski	Kira	F	27	Groton	NY	5:14:26.2
7	Ault	Kimberly	F	29	Plymouth	MN	5:17:28.8
8	Koepp	Diana	F	25	Rochester	MN	5:21:59.7
9	Regas	Kristen	F	29	Duluth	MN	5:24:38.6
10	Senty	Tess	F	25	Grand Marais	MN	5:25:18.6
11	Forbes-lorman	Robin	F	27	Madison	WI	5:33:16.0
12	Holmquist	Abby	F	26	Winona	MN	5:35:26.2
13	Marden-reilly	Heather	F	29	Rochester	MN	5:38:34.5
14	Hall	Joanna	F	29	Rochester	MN	5:38:36.2
15	Morris	Jane	F	29	Minnetonka	MN	5:42:40.6
16	Senty	Kelly	F	26	Grand Marais	MN	5:43:17.5
17	Finden	Danielle	F	29	St. Paul	MN	5:43:38.0
18	Figueiredo Macknight	Giselle Suraya	F	29	New Brighton	MN	5:51:45.8
19	Mitelman	Nadezhda	F	27	Minneapolis	MN	5:56:43.4
20	Bjorklund	Katie	F	27	Plymouth	MN	6:03:42.5
21	Buchkosky	Natalie	F	29	Shakopee	MN	6:05:00.0
22	Ursin	Laura	F	25	Madison	WI	6:06:17.3
23	Speer	Kristi	F	29	Phillips	WI	6:07:33.5
24	Kieck	Lisa	F	28	Milwaukee	WI	6:07:51.3
25	Thull	Melany	F	28	St. Cloud	MN	6:09:13.7
26	Van Hale	Rachel	F	29	Minneapolis	MN	6:34:07.5
27	Rasmussen	Bonnie	F	29	Minneapolis	MN	6:41:12.6
28	Ferguson	Katey	F	27	Grand Forks	ND	6:48:00.2
29	Herder	Elizabeth	F	26	Rice Lake	WI	7:54:08.2
F30-34							
1	Yndestad	Cathy	F	32	Apple Valley	MN	4:36:11.7
2	Nelson	Shelley	F	31	St Louis Park	MN	4:50:16.0
3	Nielsen	Pam	F	34	Minnetonka	MN	4:51:10.4
4	Patzer	Hilary	F	31	St. Paul	MN	4:59:10.6
5	Prudhomme	Leah	F	31	Anoka	MN	5:01:13.7
6	Hite	Amy	F	34	Cottage Grove	MN	5:06:56.8
7	Simon	Andrea	F	32	Madison	WI	5:09:02.6
8	Osborn	Lindsay	F	31	Shakopee	MN	5:12:25.5
9	Beard	April	F	32	Madison	WI	5:12:38.3
10	Konczewski	Raechel	F	32	Sartell	MN	5:16:16.2

11	Romano	Jacqueline	F	34	Hopkins	MN	5:18:22.0
12	Callanan	Hunter	F	33	Clear Lake	IA	5:18:27.9
13	Miller	Gea	F	34	Edina	MN	5:18:40.6
14	Maurer	Sawra	F	30	Rochester	MN	5:21:25.2
15	Liebergen	Tara	F	34	Minneapolis	MN	5:28:11.1
16	Blazek	Kyla	F	31	Winona	MN	5:29:29.3
17	Williams Schroden	Angela	F	32	St. Cloud	MN	5:36:01.8
18	Meier	Christina	F	33	Minneapolis	MN	5:47:22.4
19	Fretland	Kailee	F	30	Bismarck	ND	5:48:42.8
20	Bishop	Mylee	F	32	Burnsville	MN	5:48:48.1
21	Hilal	Susan	F	34	Plymouth	MN	5:48:52.6
22	Beckmann	Tonja	F	33	Eagle Lake	MN	5:50:33.3
23	Drevlow	Danielle	F	32	Golden Valley	MN	5:52:23.8
24	Andrychowicz	Noelle	F	34	Blaine	MN	5:52:51.2
25	Clay	Amber	F	34	Grand Marais	MN	5:56:44.6
26	Sherman	Kathy	F	30	Winona	MN	6:01:11.1
27	Brooks	Erin	F	30	Neenah	WI	6:02:07.4
28	Ponsolle	Kristen	F	30	Minnetonka	MN	6:04:32.8
29	Koehler	Jennifer	F	30	Minneapolis	MN	6:09:58.7
30	Varien	Jennifer	F	30	Minneapolis	MN	6:10:44.2
31	Pohmer	Anna	F	31	St. Louis Park	MN	6:11:16.6
32	Fraser	Katy	F	32	Saint Paul	MN	6:11:36.6
33	Kieck	Heather	F	30	Milwaukee	WI	6:14:17.4
34	Crecelius	Cindy	F	34	Eden Prairie	MN	6:16:18.9
35	Boller	Valerie	F	30	Maple Grove	MN	6:18:32.2
36	Warden	Kelly	F	34	St Louis Park	MN	6:24:47.6
37	Christian	Heidi	F	33	Eagan	MN	6:32:52.8
38	Gandolfo	Jovita	F	33	Madison	WI	6:50:38.8
39	Ver Haagh	Dawn	F	31	Green Bay	WI	7:31:47.4

F35-39

1	Fournier	Maggie	F	35	Onalaska	WI	4:45:39.5
2	Wilkinson	Jolene	F	37	Park City	UT	4:47:42.0
3	Sharpless	Carole	F	38	Boulder	CO	4:48:29.6
4	Kurtz	Jill	F	38	Pewaukee	WI	4:53:13.5
5	Blackstock	Cindy	F	38	Plymouth	MN	5:04:37.5
6	Bertram	Sarah	F	38	Waukesha	WI	5:13:30.3
7	Lindstrom	Tiffany	F	38	Woodbury	MN	5:14:22.1
8	Steilen	Courtney	F	38	Minneapolis	MN	5:15:58.5
9	Walker	Julie	F	39	Arden Hills	MN	5:26:00.2
10	Aron	Carol	F	36	Bismarck	ND	5:28:07.9
11	Bond	Cheryl	F	36	Shakopee	MN	5:29:41.5
12	Langsdorf	Angie	F	37	Minneapolis	MN	5:39:32.0
13	Tattar	Elisa	F	36	Eagan	MN	5:41:42.1
14	Moritz	Jen	F	37	Minneapolis	MN	5:42:04.9
15	Hollenbeck	Jodee	F	39	Coon Rapids	MN	5:42:43.6
16	Hurtig	Noelle	F	39	Minneapolis	MN	5:43:01.9
17	Kouba	Michelle	F	39	Apple Valley	MN	5:43:40.0
18	Sevilla	Margarita	F	37	Minneapolis	MN	5:50:46.3
19	Reiche	Jean	F	36	De Forest	WI	5:52:42.9
20	Reischl	Renee	F	35	Omaha	NE	5:57:34.2
21	Smith	Cynthia	F	35	Minneapolis	MN	6:02:05.1
22	Smith	Laurie	F	37	Merrfield	MN	6:03:45.2

23	Hoeschen	Anne	F	37	Freeport	MN	6:16:21.7
24	Bellos	Sophia	F	37	Maple Grove	MN	6:17:19.8
25	Carter	Lyne Gandarillas	F	36	Ham Lake	MN	6:55:40.3
26	Cook	Jennifer	F	38	St Louis Park	MN	7:51:06.2

F40-44

1	Schmidt	Angie	F	40	Woodbury	MN	4:53:46.5
2	Birkeland	Diane	F	44	Minneapolis	MN	4:58:07.3
3	Sellke	Mary	F	40	Golden Valley	MN	5:01:11.9
4	Wilson	Jessica	F	40	Shorewood	MN	5:06:51.3
5	Bronson	Leanne	F	40	Superior	WI	5:11:11.7
6	Brenneke	Teresa	F	43	Cottage Grove	MN	5:13:32.9
7	Courington	Ann	F	40	Eagan	MN	5:14:47.1
8	Robb	Heidi	F	43	Maple Grove	MN	5:32:19.3
9	Wenzel	Lori	F	40	Greenville	WI	5:38:37.3
10	Pauley	Denise	F	40	Eau Claire	WI	5:43:21.0
11	Zirkle	Sarah	F	44	Wyoming	MN	5:47:41.1
12	Miner	Kris	F	44	Eden Prairie	MN	5:48:05.7
13	Jackson	Joni	F	44	Minneapolis	MN	5:51:19.8
14	Carver	Victoria	F	42	Lino Lakes	MN	5:51:24.9
15	Moran	Susan	F	42	Green Bay	WI	5:53:32.3
16	Dahl	Lisa	F	44	Minneapolis	MN	5:55:21.0
17	Lemke	Erin	F	41	Sartell	MN	5:59:44.4
18	Horner	Kathleen	F	44	Minneapolis	MN	6:14:09.0
19	Beckstrand	Karin	F	44	Plymouth	MN	6:15:27.0
20	Meinke	Tara	F	40	Neenah	WI	6:18:22.6
21	Oconnell	Cheryl	F	40	Eden Prairie	MN	6:18:36.3
22	Condado	Debbie	F	44	Rhineland	WI	6:22:34.0
23	Deics	Cathy	F	42	Bismarck	ND	6:43:39.7
24	Hutchinson	Audrey	F	43	Forest Lake	MN	7:24:50.0
25	Joseph	Wendy	F	44	Ellsworth	WI	7:30:19.0
26	Jansen	Kelly	F	40	Kaukauna	MN	7:31:47.7

F45-49

1	Mouw	Suzann	F	47	White Bear Lake	MN	5:03:13.6
2	Rud	Shelly	F	49	Ellsworth	IL	5:09:57.6
3	Dezellar	Jackie	F	47	Eden Prairie	MN	5:14:07.6
4	Karls	Diana	F	49	Dane	WI	5:16:58.6
5	Hines	Lisa	F	48	Waite Park	MN	5:18:44.0
6	Clements	Sharon	F	46	Edina	MN	5:29:21.4
7	Burnes	Pau	F	46			5:31:37.2
8	Rather	Sandra	F	48	Breckenridge	MN	5:32:11.0
9	Woolsey	Amy	F	45	Sauk Rapids	MN	5:34:38.9
10	Mccormick	Colleen	F	49	Isanh	MN	5:40:05.6
11	Sands	Mary	F	49	Saint Paul	MN	5:46:56.0
12	Johnson	Renae	F	47	Waconia	MN	5:48:08.8
13	Weiskopf-larson	Sue	F	45	Lino Lakes	MN	5:48:46.8
14	Mowers	Sondra	F	46	Duluth	MN	5:51:13.1
15	Schild Jyring	Laura	F	45	Bismarck	ND	5:52:31.0
16	Hendrickson	Jill	F	45	Hopkins	MN	5:56:50.4
17	Lang	Diane	F	48	Burnsville	MN	6:04:49.5
18	Schmidt	Missy	F	46	Eagan	MN	6:05:42.5
19	Salcedo	Suzanne	F	47	Apple Valley	MN	6:15:46.6
20	Schueller	Kim	F	45	Burnsville	MN	6:17:24.2

21	Hagen	Linda	F	47			6:46:59.5
22	Ferris	Tracy	F	46	Apple Valley	MN	7:34:18.0
F50-54							
1	Kuhlemeier	Barbara	F	52	Minot	ND	4:52:57.4
2	Sander	Merilee	F	50	Northfield	MN	5:07:11.7
3	Bergeron	Amy	F	52	St Paul	MN	5:43:31.8
4	Miller	Karen	F	51	Carol Stream	IL	5:43:58.4
5	Carlson	Kathryn	F	52	Waite Park	MN	5:50:42.0
6	Elkie	Anne	F	50	Thunder Bay	ON	5:51:48.6
7	Senty	Laurie	F	51	Grand Marais	MN	5:51:54.2
8	Hobbs	Sharon	F	51	St Cloud	MN	6:06:18.5
9	Baxter	Denise	F	51	St Cloud	MN	6:17:29.7
10	Davenport	Mary	F	50	Mason City	IA	6:24:43.6
11	Seubert	Mary	F	52	Maple Valley	MN	6:32:27.6
F55-59							
1	Honeycutt	D'arcy	F	55	Bismark	ND	5:48:02.3
2	Frings	Peggy	F	59	Ridgeway	WI	5:59:09.7
3	Bukstein	Jeri	F	58	Maple Grove	MN	7:17:19.8
4	Dawn	Devi	F	56	Salem	NH	8:32:57.6
M16-17							
1	Gruhlke	Luke	M	17	Monticello	MN	5:00:33.5
2	Vogel	Alexander	M	17	Maple Grove	MN	5:16:33.4
M18-19							
1	Jackels	Matt	M	18	Maple Grove	MN	5:45:15.7
M20-24							
1	Turner	Andrew	M	23	Scandia	MN	4:24:24.3
2	Malinoski	Marc	M	24	Duluth	MN	4:29:13.2
3	Mikkelson	Daniel	M	24	Plymouth	MN	4:33:42.8
4	Pedersen	Lucas	M	23	Richfield	MN	4:38:55.0
5	Steinberg	Terence	M	23	Saint Paul	MN	4:47:53.7
6	Gombos	Taylor	M	21	St. Cloud	MN	4:50:53.0
7	Hoaglund	Sven	M	24	La Crosse	WI	4:59:10.5
8	Goldstein	Andrew	M	23	North Oaks	MN	5:14:31.3
9	Stangel	Griffin	M	20	Madison	WI	5:15:25.4
10	Schultz	Cody	M	22	Shoreview	MN	5:17:39.3
11	Steele	Andrew	M	22	Appleton	WI	5:18:00.8
12	Donahue	Ryan	M	22	White Bear Lake	MN	5:22:11.7
13	Dimenna	Johnny	M	21	Bloomington	MN	5:38:35.4
14	Black	Mitchel	M	22	Chanhassen	MN	5:41:33.7
15	Timm	David	M	24	Rochester	MN	5:45:59.6
16	Gregory	Joel	M	20	Richmond	MN	5:46:12.2
17	Kingstedt	Owen	M	24	Urbana	MN	5:46:47.6
18	Oman	Nikolas	M	23	Mankato	MN	6:03:47.1
19	Lambert	Troy	M	21	La Crescent	MN	6:19:37.0
20	Dong	Jesse	M	23	Minneapolis	MN	6:27:54.5
21	Cuevas	Billy	M	23	Woodbury	MN	7:04:35.7
M25-29							
1	Lapinski	Rick	M	28	Westmont	IL	4:22:57.6
2	Grundman	Nick	M	28	Wayzata	MN	4:34:31.1
3	Baldwin	Alex	M	25	Iowa City	IA	4:36:01.1
4	Taipale	John	M	25	Eau Claire	WI	4:40:03.0
5	Gelvez	Edwing	M	28	Minneapolis	MN	4:40:54.4

6	Priess	Matthew	M	28	Blaine	MN	4:46:25.7
7	Nygren	Andrew	M	29	Bismarck	ND	4:49:40.3
8	Sanders	Adam	M	26	Burnsville	MN	4:50:01.8
9	Krueger	Adam	M	29	Moorhead	MN	4:55:08.8
10	Zawadski	Nick	M	28	Minneapolis	MN	5:02:29.3
11	Richey	Joseph	M	28	Marion	IA	5:16:34.8
12	Johnson	Zach	M	29	Grimes	IA	5:17:12.6
13	Retka	Noah	M	27	Rochester	MN	5:17:26.6
14	Hanson	Phillip	M	26	Oregon	WI	5:20:07.9
15	Warden	Adam	M	29	Maple Plain	MN	5:21:07.1
16	Schnobrich	Dan	M	29	Minneapolis	MN	5:21:19.7
17	Maloney	Kyle	M	26	Stillwater	MN	5:23:00.0
18	Klimov	Sergei	M	25			5:25:03.5
19	Lilly	Aaron	M	29	St Paul	MN	5:26:46.4
20	Dhein	Bryan	M	29	Wisconsin Rapids	WI	5:30:27.4
21	Streff	Michael	M	29	Maplewood	MN	5:30:37.9
22	Hubert	Patrick	M	26	Faribault	MN	5:31:31.8
23	Mohr	Scott	M	29	Urbandale	IA	5:32:46.2
24	Boyd	Josh	M	29	Stanchfield	MN	5:35:19.6
25	De Leeuw	Nicholas	M	25	Minneapolis	MN	5:36:04.1
26	Kerfeld	Douglas	M	26	Duluth	MN	5:36:42.4
27	Nordberg	Tim	M	29	Edina	MN	5:37:12.0
28	Bros	Michael	M	29	Chanhasen	MN	5:37:28.7
29	Mattson	Michael	M	28	Minneapolis	MN	5:38:20.0
30	Nelson	Benjamin	M	29	Richfield	MN	5:38:48.4
31	Schneider	Richard	M	29	Blaine	MN	5:41:24.5
32	Ursin	Mike	M	26	Madison	MN	5:45:52.1
33	Parrott	Colin	M	29	Minneapolis	MN	5:51:35.1
34	Jaworski	Colin	M	26	Big Lake	MN	5:54:15.4
35	O'neill	Michael	M	28	Minneapolis	MN	5:55:34.7
36	Meyer	Tom	M	26	St. Paul	MN	5:55:51.2
37	Kandiko	Josh	M	27	Madison	WI	6:10:44.2
38	Ganje	William	M	25	La Crosse	WI	6:22:05.4
39	O'brien	Dan	M	27	St. Louis	MO	6:47:20.8
40	Glenn	Matthew	M	28	Kankakee	IL	6:47:58.7
41	Lenling	Mark	M	26			7:04:07.4
42	Haugen	Jesse	M	27	East Bethel	MN	7:11:06.0

M30-34

1	Thompson	David	M	32	St Paul	MN	3:55:24.7
2	Payne	Matthew	M	33	Columbia Heights	MN	4:11:00.1
3	Henkel	Justin	M	34	Kohler	WI	4:14:11.0
4	Landgraff	Todd	M	34	North Mankato	MN	4:20:47.5
5	Sander	Steve	M	32	Richfield	MN	4:21:09.2
6	Turman	Micah	M	30	Minneapolis	MN	4:34:04.8
7	Peterson	Jeff	M	33	Bloomington	MN	4:35:45.5
8	Welle	Scott	M	30	Minneapolis	MN	4:37:30.7
9	Halfpap	Joe	M	31	Waunakee	WI	4:41:09.4
10	Watkins	John	M	32	Bismarck	ND	4:41:38.4
11	Bates	Jason	M	34	Minneapolis	MN	4:43:14.4
12	Miner	Paul	M	30	Duluth	MN	4:43:29.0
13	Chmel	Brett	M	32	Roseville	MN	4:45:23.7
14	Miner	Peter	M	30	Duluth	MN	4:47:59.8

15	Hoffmann	Aaron	M	31	Saint Paul	MN	4:52:35.3
16	Hanson	Ben	M	32	Princeton	MN	4:53:13.3
17	Brown	Joshua	M	34	Minneapolis	MN	4:53:25.7
18	Drevlow	Corey	M	34	Golden Valley	MN	4:55:44.1
19	Evenson	Mark	M	31	Edina	MN	5:04:40.4
20	Evanson	Tim	M	31	New Hope	MN	5:05:29.5
21	Danahy	Mark	M	34	Minneapolis	MN	5:06:21.5
22	Rosetta	Vince	M	34	St Anthony	MN	5:07:26.5
23	Citrowske	Bryan	M	32	Eden Prairie	MN	5:07:54.1
24	Hudalla	Jason	M	31	St. Paul	MN	5:07:54.3
25	Urbaniak	David	M	32	Minneapolis	MN	5:10:08.4
26	Slagle	Eric	M	34	Minneapolis	MN	5:10:30.4
27	Hohenstein	Steven	M	33	Duluth	MN	5:13:21.8
28	Sheldon	James	M	33	Minnetonka	MN	5:19:02.3
29	Pohmer	Stan	M	32	St. Louis Park	MN	5:20:31.3
30	Jongbloedt	Jeremy	M	34	St Paul	MN	5:21:21.1
31	Sosa-sol	Mario	M	33	Minneapolis	MN	5:22:50.9
32	Francois	Samuel	M	34	Sartell	MN	5:23:09.3
33	Chapman	Jeremy	M	33	Madison	WI	5:32:21.8
34	Macknight	Eric	M	32	New Brighton	MN	5:32:42.4
35	Guiher	Derek	M	33	Richfield	MN	5:34:33.9
36	Seeger	Travis	M	31	Byron	MN	5:34:46.3
37	Undem	Daniel	M	31	Chisago City	MN	5:38:51.6
38	Swenson	Grant	M	33	Sauk Rapids	MN	5:49:35.8
39	Barfknecht	Chauncy	M	33	New Brighton	MN	6:04:08.7
40	Tucker	Chris	M	33	Farmington	MN	6:09:33.6
41	Rasmussen	Alex	M	30	Minneapolis	MN	6:10:55.7
42	Mckitrick	Shawn	M	30	Burnsville	MN	6:26:34.2
43	Lathrop	Luke	M	34	Atlanta	GA	6:29:21.5
44	Rosholt	Ben	M	30	Minneapolis	MN	6:31:03.7
45	Heinen	Brian	M	34	New London	MN	6:48:24.9
46	Boigenzahn	Adam	M	34	Coon Rapids	MN	6:52:38.3
47	Schaab Jr	Michael	M	33	Forest Lake	MN	7:06:50.5

M35-39

1	Riff	Joshua	M	35	Edina	MN	4:07:59.8
2	Plitzkow	Quintin	M	36	Eagan	MN	4:41:35.8
3	Fretland	Mike	M	35	Bismarck	ND	4:43:18.5
4	Mahlke	Cory	M	35	Minneapolis	MN	4:44:50.0
5	Webster	Jon	M	38	Cottage Grove	MN	4:48:46.5
6	Parker	Scott	M	35	Plymouth	MN	4:51:36.2
7	Miller	Bob	M	37	Rochester	MN	4:52:08.8
8	Schmidt	Kyle	M	36	Catawba	MN	4:53:51.1
9	Mueller	Carl	M	39	Minneapolis	MN	4:54:43.9
10	Seaverson	John	M	38	Chaska	MN	4:59:42.8
11	Wolfe	John	M	39	Sartell	MN	5:06:17.2
12	Bartels	Sean	M	38	Minneapolis	MN	5:09:05.0
13	Johnson	Chad	M	36	Minnetonka	MN	5:10:30.3
14	Latta	Steve	M	39	Clive	IA	5:11:13.6
15	Shock	Bay	M	38	Woodbury	MN	5:11:50.5
16	Ryan	Joe	M	38	Rochester	MN	5:11:50.6
17	Raub	Robert	M	36	Saint Paul	MN	5:13:35.6
18	Tanaka	Tats	M	39	Saint Paul	MN	5:14:24.0

19	Woods	Jason	M	36	Bloomington	MN	5:17:29.6
20	Husband	Shawn	M	39	Savage	MN	5:18:58.6
21	Gruender	Brian	M	36	Appleton	WI	5:19:35.5
22	Walker	Gentry	M	38	Arden Hills	MN	5:19:35.5
23	Reinardy	Chris	M	38	Andover	MN	5:19:37.0
24	Wanner	Greg	M	35	Huron	SD	5:23:06.0
25	Goepfert	Jason	M	39	Blaine	MN	5:24:57.8
26	Browning	Jim	M	38	Rosemount	MN	5:25:39.7
27	Halloran	Chris	M	37	Minneapolis	MN	5:27:19.0
28	Yunk	Darrell	M	38	Appleton	WI	5:29:44.1
29	Mcginnis	Sean	M	35	Minneapolis	MN	5:30:44.2
30	Leivestad	Derek	M	39	Rapid City	SD	5:30:49.5
31	Winecoff	David	M	38	St Louis Park	MI	5:32:08.0
32	Markusen	Jason	M	36	Fargo	ND	5:32:44.1
33	Lee	Zach	M	35	Bloomington	MN	5:34:11.4
34	Warnke	James	M	37	Denver	IA	5:34:42.9
35	Deantoni	Donnetto	M	39	Saint Michael	MN	5:36:29.1
36	Ciresi	Todd	M	35	Rosemount	MN	5:37:03.3
37	Kipper	Boris	M	39	Fountain City	MN	5:38:07.1
38	Buresh	Brent	M	36	Mounds View	MN	5:42:19.8
39	Ciresi	Kevin	M	39	Apple Valley	MN	5:45:03.5
40	Adams	Brett	M	37	St. Paul	MN	5:46:40.7
41	Olson	Tom	M	39	Wayzata	MN	5:47:54.3
42	Hoenie	Michael	M	38	Golden Valley	MN	5:48:07.7
43	Promer	Jim	M	39	Roseville	MN	5:48:19.6
44	Miller	Timothy	M	39	Wisconsin Rapids	WI	5:51:38.3
45	Brelje	Erich	M	38	Mendota Heights	MN	5:51:55.0
46	Dischinger	Karl	M	39	St Paul	MN	5:53:53.2
47	Snow	Christopher	M	35	Ottawa	ON	5:54:23.0
48	Schneider	Jake	M	36	Debuque	IA	5:55:10.5
49	Seiler	Don	M	36	Lakeville	MN	5:56:37.5
50	Johnson	Derek	M	39	St Louis Park	MN	5:56:54.1
51	Rice	Josh	M	36	Grand Marais	MN	5:59:22.6
52	Norris	Karl	M	39	New Berlin	WI	6:03:17.5
53	Smith	Jason	M	35	Roseville	MN	6:04:15.8
54	Boyum	Eric	M	36	Fridley	MN	6:05:33.4
55	Duffy	Benjamin	M	37	Minneapolis	MN	6:22:50.5
56	Stack	Tony	M	39	Inver Grove Heights	MN	6:26:09.1
57	Swanson	Shad	M	36	Bemidji	MN	6:44:04.8
58	Dunn	Michael	M	37	Andover	MN	6:52:36.2
59	Bloomquist	Scott	M	35	Bourbonnais	IL	7:05:09.5
60	O'brien	Doran	M	39	Scandia	MN	7:10:37.3
61	Novack	Dan	M	35	White Bear Lake	MN	7:18:53.8
62	Atkins	Harry	M	39	Coon Rapids	MN	7:26:13.5

M40-44

1	Campins	Rick	M	43	Apple Valley	MN	4:31:56.2
2	Litsey	Joe	M	41	Minneapolis	MN	4:43:10.3
3	Eichelman	Andrew	M	41	Greenwood	MN	4:44:47.9
4	Grebner	Jeff	M	44	St Paul	MN	4:48:25.7
5	Wills	Maurice	M	41	Chicago	IL	4:51:26.7
6	Nelson	Kevin	M	40	St Paul	MN	4:51:37.0
7	Donly	Charles	M	41	Minneapolis	MN	4:52:58.4

8	Hoover	Rick	M	42	Rochester	MN	5:00:18.8
9	Minelli	Mario	M	40	Kasson	MN	5:00:58.5
10	Brink	Steve	M	40	Chaska	MN	5:05:07.0
11	Pedersen	Jonathan	M	43	Maplewood	MN	5:05:38.2
12	Essma	Nicholas	M	43	Edina	MN	5:06:00.8
13	Surprise	Johnny	M	42	St Paul	MN	5:07:10.4
14	Hamilton	Ian	M	40	Thunder Bay	ON	5:08:37.3
15	Hatcher	Keith	M	44	Madison	WI	5:08:49.0
16	Hagen	Peter	M	42	Apple Valley	MN	5:13:16.9
17	Justinak	Marc	M	41	Excelsior	MN	5:13:30.5
18	Kruegel	Patrick	M	43	Minneapolis	MN	5:13:31.3
19	Sandler	Noah	M	44	Hopkins	MN	5:13:34.9
20	Crocker	Chris	M	40	North Mankato	MN	5:14:16.0
21	Becker	Andrew	M	40	Rochester	MN	5:14:22.8
22	Hull	Erik	M	40	Farmington	MN	5:14:44.1
23	Bagnato	Greg	M	40	Hudson	WI	5:15:00.4
24	Kelly	Chad	M	40	Edina	MN	5:15:46.9
25	Adams	Kurt	M	41	Edina	MN	5:16:55.9
26	Francoual	Vincent	M	42	Saint Louis Park	MN	5:17:40.2
27	Holloway	James	M	41	West Des Moines	IA	5:18:13.8
28	Hagebock	John	M	41	Apple Valley	MN	5:19:42.0
29	Roy	Jared	M	41	St Louis Park	MN	5:19:46.3
30	Rogers	Derek	M	40	Edina	MN	5:19:52.1
31	Willett	Tony	M	40	Lakeville	MN	5:22:08.0
32	Trelstad	Steven	M	40	Woodbury	MN	5:23:13.6
33	Pincus	Dave	M	42	Champlin	MN	5:27:51.5
34	Anze	Brad	M	40	New Richmond	WI	5:28:32.1
35	Peters	Damon	M	43	Richfield	MI	5:31:36.9
36	Rosenow	James	M	43	Shoreview	MN	5:33:50.6
37	Jarvis	Patrick	M	42	Greenville	WI	5:35:09.9
38	Smrdel	Brian	M	41	White Bear Lake	MN	5:35:51.9
39	Waletzko	Paul	M	44	Bismarck	ND	5:37:37.9
40	Sukut	Sol	M	40	New London	MN	5:38:40.1
41	Ensminger	Eric	M	40	Mequon	MN	5:39:22.6
42	Moore	Travis	M	40	Menomonie	WI	5:39:43.2
43	Steele	Brad	M	41	Byron	MN	5:41:00.6
44	O'hara	Chris	M	41	Cedar Rapids	IA	5:41:14.9
45	Finken	Paul	M	42	Saint Paul	MN	5:41:54.3
46	Iwan	Michael	M	40	Golden Valley	MN	5:42:38.6
47	Skemp	Daniel	M	42	La Crosse	WI	5:46:53.7
48	Johnson	Jeff	M	44	Shakopee	MN	5:50:32.7
49	Nelson	Matthew	M	41	Edina	MN	5:51:26.9
50	Tatarka	Chris	M	42	Woodbury	MN	5:55:21.4
51	Cundy	Scott	M	41	Maple Grove	MN	6:02:17.3
52	Van Gelder	David	M	44	Woodbury	MN	6:06:04.9
53	Graham	Gary	M	44	Savage	MN	6:06:29.2
54	Williams	Mark	M	41	Cottage Grove	MN	6:07:33.1
55	Becker	Jason	M	41	Inver Grove Hts.	MN	6:07:43.6
56	Dohlen	Chad	M	42	St Paul	MN	6:08:27.0
57	Sullivan	Mark	M	43	Champlin	MN	6:09:31.4
58	Thomas	Pete	M	41	Wayzata	MN	6:10:51.0
59	Jensen	Jon.	M	40			6:13:58.6

60	Adam	Don	M	40	Prior Lake	MN	6:19:26.7
61	Mcbride	Jeff	M	42	Elko	MN	6:25:38.9
62	Christenson	Kevin	M	42	Minnetonka	MN	6:27:38.0
63	Bethke	Michael	M	41	Chanhassen	MN	6:30:41.0
64	Thuot	Mark	M	40	Hatley	WI	7:12:44.6
65	Storkan	Steve	M	41	Forest Lake	MN	7:12:58.1
66	Manlapaz	Johannes	M	41	Apple Valley	MN	7:54:33.4

M45-49

1	Lyon	Dave	M	48	Schofield	WI	4:22:26.6
2	Krenz	Thomas	M	49	Chisago City	MN	4:34:21.6
3	Karls	Paul	M	47	Dane	WI	4:49:56.7
4	Lundberg	Dave	M	46	Cottage Grove	MN	4:50:53.1
5	Schultz	James	M	48	Shorewood	MN	4:54:24.0
6	Miller	Cris	M	48	Champlin	MN	4:59:02.7
7	Moyaihan	Brian	M	49	Eagan	MN	5:02:04.4
8	Serreyn	Paul	M	47	Lakeville	MN	5:02:52.2
9	Bucki	Mark	M	46	Eagan	MN	5:05:46.7
10	Scafe	Toby	M	46	Beaver Dam	WI	5:10:02.2
11	Frakes	Drew	M	49	St Louis Park	MN	5:10:42.4
12	Moore	Skeeter	M	47	Duluth	MN	5:11:12.0
13	Nowak	Rich	M	45	Edina	MN	5:12:30.2
14	Bryant	Rob	M	47	St Paul	MN	5:18:06.7
15	Schafer	Patrick	M	46	Woodbury	MN	5:21:42.3
16	Becker	Greg	M	48	St Michael	MN	5:22:12.4
17	Newbury	Scott	M	46	Waukee	IA	5:22:29.1
18	Ruff	Tim	M	45	Savage	MN	5:24:15.5
19	Smith	Marriner	M	47	Fayetteville	GA	5:29:30.3
20	Frings	Roger	M	46	Ridgeway	WI	5:34:49.8
21	Swanson	Eric	M	48	Edina	MN	5:37:06.1
22	Schoeppach	Doram	M	47	Minneapolis	MN	5:39:57.2
23	Delaune	Robert	M	45	Shoreview	MN	5:39:59.7
24	Keppers	Timothy	M	46	Duluth	MN	5:42:26.2
25	Adams	Ronald	M	47	Andover	MN	5:42:44.5
26	Mathison	Joe	M	47	Minneapolis	MN	5:45:19.4
27	Phillips	John	M	49	Eden Prairie	MN	5:45:38.6
28	Klaiman	David	M	46	Medina	MN	5:46:04.8
29	Wambheim	Roger	M	47	Chanhassen	MN	5:47:16.1
30	Taylor	Tony	M	49	Blaine	MN	5:48:16.6
31	Fawcett	Todd	M	49	Saint Paul	MN	5:53:40.1
32	Falzone	Mark	M	49	Chanhassen	MN	5:55:53.3
33	Jung	Timothy	M	48	Minneapolis	MN	5:56:06.0
34	Fahey	Jp	M	48	Norwood Y. A.	MN	5:57:57.4
35	Shanahan	Michael	M	48	Watertown	MN	5:57:57.4
36	Erickson	Steve	M	46	White Bear Lake	MN	6:11:53.8
37	Kramer	Andrew	M	46	Hastings	MN	6:12:04.2
38	Erickson	Jamie	M	45	Cambridge	MN	6:13:20.6
39	Shepard	Scott	M	46	Minnetonka	MN	6:15:08.8
40	Condado	Carlos	M	45	Rhineland	WI	6:22:34.2
41	Wojcik	Thaddeus	M	45	New York	NY	6:28:53.2
42	Niebergall	Stu	M	48	Regina	SK	6:29:18.6
43	Smith	Christopher	M	48	Deforest	WI	6:32:15.3
44	Virga Sr	Dr Joseph	M	47	Lindstrom	MN	6:33:17.9

45	Dorney	Mark	M	49	Oconomowoc	WI	6:45:19.6
46	Skinner	Steve	M	48	Woodbury	MN	6:48:18.0
47	Fiacco	Pat	M	48	Regina	SK	6:50:18.2
48	Kliewer	Bradley	M	47	Minneapolis	MN	6:52:57.0
M50-54							
1	Mahler	Ron	M	54	Thunder Bay	ON	4:44:43.0
2	Ransom	Scott	M	50	Golden Valley	MN	4:44:45.9
3	Kelly	Brian	M	54	Minneapolis	MN	5:01:09.6
4	Ewen	Mike	M	53	Rochester	MN	5:06:43.6
5	Gaffer	Steve	M	50	New Richmond	WI	5:08:36.3
6	Graske	Rich	M	51			5:10:44.2
7	Royer	Pete	M	51	Litchfield	MN	5:14:14.2
8	Elkie	Phil	M	50	Thunder Bay	ON	5:14:15.3
9	Heikkila	Steve	M	53	St. Paul	MN	5:14:53.2
10	Mattern	Jeffrey	M	52	Bismarck	ND	5:20:31.9
11	Aschenbrenner	Mike	M	51	Mukwonago	WI	5:24:08.6
12	Yndestad	Kerry	M	50	Apple Valley	MN	5:35:11.8
13	Landau	Jim	M	53	Janesville	IA	5:37:02.8
14	Holmquist	Keith	M	51	Winon	MN	5:38:48.9
15	O'donnell	Jim	M	50	Saint Louis Park	MN	5:51:34.8
16	Wernersbach	Gary	M	52	Zimmerman	MN	5:53:43.0
17	Valentine	Dan	M	52	Winona	MN	5:54:32.4
18	Turnham	David	M	54	Duluth	MN	5:56:11.7
19	Ripka	Danny	M	53	Minneapolis	MN	6:04:22.3
20	Teitelbaum	Mike	M	52	Duluth	MN	6:11:12.4
21	Ruffini	Mick	M	52	Stillwater	MN	6:31:42.3
22	Thorleifson	Harvey	M	53	Minneapolis	MN	7:14:38.0
23	Kubat	Gary	M	53	Minneapolis	MN	7:23:54.4
24	Mikkelson	David	M	53	Plymouth	MN	7:25:59.2
M55-59							
1	Thrush	Timothy	M	55	Cottage Grove	MN	5:03:21.9
2	Harris	Mark	M	57	Maplewood	MN	5:03:42.7
3	Dornfeld	Glen	M	55	Winona	MN	5:22:24.4
4	Beiswanger	Lynn	M	56	Bismarck	ND	5:29:15.6
5	Hubert	Ken	M	55	Faribault	MN	6:03:39.9
6	Allen	Rob	M	56	Deforest	WI	6:23:49.2
7	Frederiksen	Brad	M	57	Minneapolis	MN	6:56:29.3
8	Theobald	Dean	M	59	New Brighton	MN	7:01:31.7
M60-64							
1	Kagol	Steve	M	64	Deephaven	MN	5:47:21.2
2	Gruender	Mark	M	63	Appleton	WI	5:52:25.2
3	Fox	Barry	M	64	Saint Paul	MN	6:50:59.5
4	Maslowski	Edward	M	64	Rochester	MN	6:57:05.4
5	Erickson	Robert	M	62	Belle Plaine	MN	7:47:01.7
M65-69							
1	Garver	Eugene	M	65	Sartell	MN	5:58:04.0
M70-74							
1	Quirin	Pete	M	70	Sparta	WI	5:50:17.6

USAT AGE GROUP RESULTS - HALF IRON

Last Name	First Name	Sex	AGE	City	State	Final Time
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F15&U

1	Schultz	Clara	F	15	Minneapolis	MN	1:42:25.9
2	Logue	Alyssa	F	14	New Prague	MN	1:51:18.2
3	Jeter	Hannah	F	15	Eden Prairie	MN	1:54:59.2
4	Norberg	Natalie	F	13	Minneapolis	MN	1:59:09.4
5	Graif	Hannah	F	14	Elk River	MN	2:01:08.8
6	Lyp	Kelly	F	13	Valparaiso	IN	2:17:50.7
F16-17							
1	Danielson	Greta	F	17	St. Cloud	MN	1:39:51.2
2	Jeter	Dana	F	16	Eden Prairie	MN	1:44:08.9
3	Rasmussen	Sheridan	F	17	Plymouth	MN	2:09:57.4
F18-19							
1	Cunniën	Shannon	F	19	Brooklyn Park	MN	1:47:15.7
2	Squires	Ellen	F	18	Andover	MN	1:47:27.6
3	Ennis	Sarah	F	19	Roseville	MN	1:52:45.5
4	Bromback	Katie	F	19	Lake Elmo	MN	1:55:21.2
5	Rasmussen	Carly	F	18	Plymouth	MN	1:59:49.4
6	Berthiaume	Briana	F	19	Harris	MN	2:18:33.8
7	Gross	Camille	F	19	Forest Lake	MN	3:04:49.0
F20-24							
1	Anderson	Kate	F	22	Mahtomedi	MN	1:32:12.1
2	Berndt	Danielle	F	20	Bloomington	MN	1:35:49.0
3	Jaynes	Emma	F	22	Hibbing	MN	1:39:22.0
4	Foss	Megan	F	20	Shoreview	MN	1:43:24.1
5	Milne	Lauren	F	24	Minneapolis	MN	1:43:29.2
6	Grossman	Nicole	F	23	Lindstrom	MN	1:45:25.0
7	Fleischhacker	Kristin	F	23	Forest Lake	MN	1:45:51.2
8	Jensen	Alicia	F	24	Eden Prairie	MN	1:48:07.4
9	Mertz	Nicole	F	23	Robbinsdale	MN	1:49:37.8
10	Spading	Christine	F	21	St Louis Park	MN	1:50:27.5
11	Heil	Rebekah	F	20	Bloomington	MN	1:52:27.7
12	Fisk	Alicia	F	24			1:53:59.4
13	Soholt	Molly	F	21	Sioux Falls	SD	1:54:33.8
14	Wittnebel	Christina	F	20	Stacy	MN	1:54:35.1
15	Clark	Katie	F	24	Stacy	MN	1:54:35.1
16	Komjathy	Chrissy	F	24	Chicago	IL	1:54:49.5
17	Solberg	Elizabeth	F	24	Bloomington	MN	1:55:27.4
18	Kaup	Shawna	F	23	Inver Grove Heights	MN	1:55:29.7
19	Sparkman	Nicole	F	21	Eden Prairie	MN	1:58:04.9
20	Hall	Joy	F	21	Burnsville	MN	2:01:37.5
21	Benner	Anna	F	24	Elk River	MN	2:03:14.1
22	Rose	Courtney	F	20	Minnetonka	MN	2:04:00.7
23	Walter	Erin	F	20	St. Cloud	MN	2:04:22.6
24	Sandbeck	Ashley	F	24	St.paul	MN	2:06:57.0
25	Kotilinek	Brita	F	21	White Bear Lake	MN	2:11:59.0
26	Kotilinek	Jessie	F	24	White Bear Lake	MN	2:11:59.1
27	Smith	Danielle	F	24	Andover	MN	2:15:23.6
28	Seman	Karli	F	23	Andover	MN	2:17:48.2
29	Cornell	Linnet	F	23	Maple Valley	MN	2:23:06.6
30	Miller	Mikayla	F	20	Eagan	MN	2:25:46.5
31	Swanberg	Karina	F	22	Chisago City	MN	2:50:01.8
F25-29							
1	Stocker	Nordica	F	25	Minneapolis	MN	1:30:57.6

2	Novotny	Lydia	F	27	Hopkins	MN	1:31:06.9
3	Simpson	Greta	F	29	Minneapolis	MN	1:32:25.9
4	Palmer	Lindsey	F	25	White Bear Lake	MN	1:37:48.3
5	Mueller	Jenny	F	28	Rochester	MN	1:39:06.5
6	Rogosheske	Anna	F	27	Minneapolis	MN	1:39:36.2
7	Jaunich	Maggie	F	27	Saint Paul	MN	1:40:24.9
8	Williams	Erin	F	26	Shorewood	MN	1:42:17.7
9	Jordan	Marie	F	26	Minneapolis	MN	1:43:07.1
10	Miller	Kara	F	26	Minneapolis	MN	1:43:14.4
11	Cardinal	Natasha	F	28	White Bear Lake	MN	1:43:59.2
12	Kooman	Jeanine	F	26	St. Louis Park	MN	1:44:19.3
13	Steel	Jennifer	F	29	Minnetonka	MN	1:46:21.7
14	Cowan	Holly	F	26	St. Louis Park	MN	1:46:58.6
15	Krauel	Mary	F	27	Milaca	MN	1:47:12.1
16	Moody	Lindsay	F	25	Minneapolis	MN	1:49:41.3
17	Anderson	Jillian	F	26	Lino Lakes	MN	1:49:42.1
18	Gallison	Avery	F	26	St. Paul	MN	1:50:03.4
19	Hoffman	Sarah	F	26	St. Louis Park	MN	1:50:04.7
20	Carlson	Taylor	F	29	Coon Rapids	MN	1:51:02.6
21	Torigian	Stacie	F	25	Crystal	MN	1:51:06.1
22	Reisner	Jessica	F	27	St Louis Park	MN	1:51:08.4
23	Weber	Angela	F	28	Minneapolis	MN	1:51:22.2
24	Johnson	Jenny	F	29	Minneapolis	MN	1:51:27.5
25	Johnson	Kelly	F	26	Taylors Falls	MN	1:52:16.6
26	Dejarlais	Rebecca	F	26	St. Paul	MN	1:52:27.9
27	Winchell	Viet-hanh	F	28	Saint Paul	MN	1:52:31.4
28	Rawlings	Lauren	F	26	Saint Paul	MN	1:52:36.3
29	Schenkey	Erin	F	29	North Branch	MN	1:52:42.8
30	Multhaup	Megan	F	27	Saint Paul	MN	1:53:13.1
31	Curran	Julia	F	27	Minneapolis	MN	1:53:27.3
32	Donlan	Mary	F	27	Coon Rapids	MN	1:54:03.1
33	Plote	Kelly	F	29	Peoria	IL	1:54:09.1
34	Walby	Jennie	F	26	Minneapolis	MN	1:54:33.4
35	Guse	Val	F	26	Woodbury	MN	1:54:48.6
36	Wegwerth	Leala	F	28	Maplewood	MN	1:54:49.2
37	Haaland	Michele	F	28	Minneapolis	MN	1:54:55.3
38	Barale	Kelsey	F	26	Minneapolis	MN	1:55:22.0
39	Olesen	Sara	F	25	Minneapolis	MN	1:55:40.1
40	Twaddle	Rebekah	F	29	Saint Paul	MN	1:55:50.1
41	Dawson	Anna	F	26	Saint Paul	MN	1:56:04.3
42	Pine	Mandy	F	29	Sartell	MN	1:56:27.7
43	Mcbroom	Sarah	F	29	Saint Paul	MN	1:56:41.6
44	Ryan	Kelly	F	28	Falcon Heights	MN	1:57:10.2
45	Mccathie	Becky	F	28	Eden Prairie	MN	1:57:37.4
46	Kenney	Bridget	F	26	Minneapolis	MN	1:58:19.4
47	Smith	Nikole	F	27	Andover	MN	1:59:12.4
48	Pearson	Sheila	F	27	Smtell	MN	2:01:23.3
49	Alford	Leyna	F	29	Hopkins	MN	2:02:20.5
50	Richins	Breanne	F	26	St. Paul	MN	2:06:41.8
51	Lenzmeier	Casandra	F	28	Blaine	MN	2:07:17.7
52	Puelston	Johanna	F	28	North Branch	MN	2:09:04.2
53	Braden	Michelle	F	26	North Branch	MN	2:09:42.6

54	Cisewski	Lindsay	F	28	Minneapolis	MN	2:10:59.1
55	Zwonitzer	Kathy	F	26	Lino Lakes	MN	2:12:25.1
56	Glumack	Kristin	F	27	Chula Vista	CA	2:12:36.6
57	Andersen	Katie	F	29	Plymouth	MN	2:13:09.5
58	Moody	Elizabeth	F	28	Minneapolis	MN	2:13:46.6
59	Kaiser	Amanda	F	29	St. Paul	MN	2:14:43.8
60	Moeller	Frances	F	26	Woodbury	MN	2:15:27.7
61	Zeilinger Henjum	Megan	F	28	Oakdale	MN	2:17:39.0
62	Farrell	Elizabeth	F	29	Saint Paul	MN	2:20:03.1
63	Mckitrick	Andrea	F	29	Burnsville	MN	2:20:30.8
64	Harcey	Sondra	F	27	Cambridge	MN	2:22:29.5
65	Platt	A	F	26	Saint Paul	MN	2:22:57.7
66	Sandman	Megan	F	25	Rochester	MN	2:28:28.8
67	Kandiko	Heather	F	27	Madison	WI	2:29:16.5
68	Beduhn	Rebecca	F	26	Maplewood	MN	2:31:32.6
69	Brubak	Anna	F	25	St Paul	MN	2:39:14.7

F30-34

1	Hankee	Diane	F	33	Lino Lakes	MN	1:26:06.4
2	Hermanson	Sara	F	33	Andover	MN	1:28:59.8
3	Hohenstein	Angel	F	32	Duluth	MN	1:30:51.6
4	Moyer	Ann	F	31	Rochester	MN	1:32:36.0
5	Baranowski	Margaret	F	34	Golden Valley	MN	1:39:15.0
6	Sullivan	Hannah	F	31	St Paul	MN	1:39:20.6
7	Karnes	Rebecca	F	34	Mound	MN	1:40:06.6
8	Potyondy-smith	Andrea	F	34	Champlin	MN	1:42:32.4
9	Augustin	Paula	F	32	St. Louis Park	MN	1:45:02.5
10	Mack	Kate	F	30	Minneapolis	MN	1:45:45.0
11	Wegwerth	Kelly	F	30	Maplewood	MN	1:46:05.4
12	Neuman	Jackie	F	31	New Richmond	WI	1:46:19.2
13	Stanek	Jennifer	F	34	Center City	MN	1:46:27.1
14	George	Jan	F	30	Minneapolis	MN	1:47:10.5
15	Mortale	Jennifer	F	33	St Louis Park	MN	1:47:27.5
16	Schultze	Leah	F	30	Saint Paul	MN	1:47:34.1
17	Peper	Katie	F	30	Blaine	MN	1:47:50.0
18	Ouse	Amy	F	34	Forest Lake	MN	1:49:48.5
19	Woodrow	Anita	F	30	Chanhassen	MN	1:50:19.4
20	Bloomquist	Bonnie	F	33	Bourbonnais	IL	1:51:31.4
21	Pouliot	Anna	F	30	North Branch	MN	1:52:02.1
22	Ross	Amber	F	30	Maplewood	MN	1:52:24.2
23	Udem	Jacquie	F	31	Chisago City	MN	1:52:46.0
24	Naig	Leah	F	33	Eden Prairie	MN	1:53:23.0
25	Miskowic	Sherry	F	34	Plymouth	MN	1:53:26.0
26	Jacklitch	Michelle	F	34	Plymouth	MN	1:53:39.8
27	Huseth	Heather	F	30	Ramsey	MN	1:54:00.4
28	Wytttenbach	Laura	F	34	Kasson	MN	1:55:10.0
29	Huberty	Becky	F	30	St. Paul	MN	1:56:25.0
30	Welke	Ashley	F	30	St. Paul	MN	1:57:02.3
31	Peterson	Gail	F	34	Hopkins	MN	1:57:10.5
32	Boyle	Katherine	F	30	Stillwater	MN	1:57:29.7
33	Nelsen	Katie	F	31	Cottage Grove	MN	1:57:38.0
34	Holmes	Laura	F	31			1:58:31.8
35	Solomonson	Stacy	F	33	Princeton	MN	1:58:51.0

36	Pfaff	Kristin	F	32			1:58:53.7
37	Berglund	Elizabeth	F	32	Costa Mesa	CA	1:59:55.0
38	Holmdahl	Angela	F	34	Eagan	MN	2:02:02.6
39	Foley	Jennifer	F	34	Mendota Heights	MN	2:02:03.2
40	Hall	Amanda	F	32	Hugo	MN	2:03:27.7
41	Gilbert	Katherine	F	30	North Branch	MN	2:05:45.4
42	Benedict	Sara	F	32	Minneapolis	MN	2:06:04.2
43	Garletz	Annalee	F	32	St. Paul	MN	2:06:12.2
44	May	Jennifer	F	34	Forest Lake	MN	2:07:01.0
45	Wynn	Heather	F	31	Pine City	MN	2:08:31.3
46	Henders	Rebecca	F	32	Minneapolis	MN	2:09:51.2
47	Judson	Erin	F	34	North Branch	MN	2:13:09.7
48	Sargent Richmond	Jennifer	F	34	Minneapolis	MN	2:13:52.1
49	Rose	Ann	F	32	Minneapolis	MN	2:17:54.4
50	Dopp	Paige	F	31	Circle Pines	MN	2:19:35.8
51	Caprigno	Allison	F	30	Salem	NH	2:22:09.8
52	Downing	Heather	F	30	Salem	NH	2:25:34.9
53	Reese	Aimee	F	34	Woodbury	MN	2:31:20.0
54	Ackerman	Marnee	F	31	Blaine	MN	2:32:18.2
55	Rome	Kelty	F	33	Forest Lake	MN	2:36:39.1
56	Eydel	Ella	F	34	Minnetonka	MN	2:37:33.5
57	Gross	Kelly	F	32	Duluth	MN	2:54:00.9
58	Dennis	Deanna	F	32	Stacy	MN	2:57:48.8

F35-39

1	Wilcox	Jenny	F	36	Cottage Grove	MN	1:24:43.8
2	Kent	Tracie	F	36	St Paul	MN	1:28:40.9
3	Ogston	Jena	F	39	Duluth	MN	1:35:11.5
4	Currie	Leigh	F	36	St. Paul	MN	1:37:31.6
5	Swanson	Becka	F	35	Circle Pines	MN	1:37:38.9
6	Benden	Dana	F	39	La Crosse	WI	1:39:11.6
7	Rondorf	Heather	F	36	Blaine	MN	1:41:04.8
8	Korsbon	Jennie	F	39	Minneapolis	MN	1:42:05.8
9	Phillips	Dana	F	39	Woodbury	MN	1:42:14.5
10	Simpson	Michelle	F	39	Ham Lake	MN	1:45:04.7
11	Herzig	Jessica	F	35	Forest Lake	MN	1:45:51.6
12	De Rovere	Anne	F	39	Woodbury	MN	1:45:51.7
13	Timm	Jill	F	39	Center City	MN	1:46:08.4
14	Lesov	Saida	F	36	Maple Grove	MN	1:46:45.0
15	Weiland	Carole	F	39	Champlin	MN	1:46:52.2
16	Haug	Kris	F	38	Minneapolis	MN	1:48:33.0
17	Moore	Krista	F	35	Menomonie	WI	1:49:34.1
18	Burr	Shelly	F	38	River Falls	WI	1:50:02.5
19	Daly	Leah	F	36	Orono	MN	1:50:16.4
20	Setter	Randi	F	36	Hugo	MN	1:50:39.1
21	Wardle	Cherie	F	36	Durham	NC	1:51:02.3
22	Schultz	Rachel	F	38	Lino Lakes	MN	1:51:18.1
23	Carroll Clark	Cashelle	F	38	Lino Lakes	MN	1:54:19.5
24	Bruce	Mary	F	39	Plymouth	MN	1:55:34.0
25	Hill	Amber	F	39	Chisago City	MN	1:58:05.1
26	Ayers	Karie	F	39	Chaska	MN	1:58:20.7
27	Gacnik	Debbie	F	38	Keller	TX	1:59:27.9
28	Sufficool	Nicole	F	36	Valley City	ND	1:59:50.3

29	Tell	Jennifer	F	39	Birchwood	MN	1:59:57.5
30	Murphy	Anne	F	37	Saint Paul	MN	2:01:39.4
31	Molitor	Jodi	F	36	N Branch	MN	2:02:41.1
32	Jordet	Michele	F	36	Center City	MN	2:03:57.3
33	Dupre	Clarrissa	F	39	Oakdale	MN	2:04:23.2
34	Booher	Kerri	F	38	St Louis Park	MN	2:06:14.5
35	Mossberg	Marcella	F	36	Isanti	MN	2:07:39.5
36	Knutson	Cathy	F	37	North Branch	MN	2:09:21.2
37	Pelto	Melissa	F	35	Forest Lake	MN	2:10:32.7
38	Chovan	Sara	F	36	Minnetonka	MN	2:10:40.9
39	Wagner	Brenda	F	38	Forest Lake	MN	2:12:14.6
40	Betts	Lisa	F	38			2:15:21.6
41	Hoiosen	Cheryl	F	35	Waconia	MN	2:18:54.6
42	Vicklund	Laurie	F	36	Rush City	MN	2:21:16.7
43	Sheih	Sandra	F	38	Maple Grove	MN	2:23:54.2
44	Arnold	Laurette	F	36	Lindstrom	MN	2:25:27.7
45	Snustad	Mary	F	38	Shoreview	MN	2:27:31.9
46	Svendsen	Heather	F	37	Prior Lake	MN	2:31:04.2
47	Hannon	Kay	F	37	Blaine	MN	2:33:41.6

F40-44

1	McGaver	Marlo	F	40	Duluth	MN	1:28:51.0
2	Weaver	Kristen	F	42	Stillwater	MN	1:31:21.8
3	Lyng	Julia	F	44	Burnsville	MN	1:32:18.3
4	Enderlein	Amy	F	40	Blaine	MN	1:36:04.0
5	Flury	Nancy	F	40	Minnetonka	MN	1:37:44.4
6	Parker	Pauline	F	43	Hopkins	MN	1:40:07.8
7	Crocker	Shari	F	40	North Mankato	MN	1:41:12.7
8	Weidner	Mary	F	42	Edina	MN	1:41:49.1
9	Ahlquist	Sara	F	41	Minnetonka	MN	1:42:11.8
10	Janzig	Jeannie	F	40	Center City	MN	1:42:52.2
11	Tucker	Nicole	F	41	Los Angeles	CA	1:42:59.5
12	Kibby	Kathy	F	42	Minneapolis	MN	1:43:06.4
13	Carlen	Patricia	F	42	St. Paul	MN	1:43:12.2
14	Nevala	Wendy	F	43	Rochester	MN	1:44:59.6
15	Bartz	Carol Ann	F	42	Chisago City	MN	1:45:34.0
16	Klingler	Jessica	F	43	Champlin	MN	1:45:42.3
17	Warnke	Gretchen	F	40	Eagan	MN	1:46:35.7
18	Dreyer	Dlee	F	42	Minneapolis	MN	1:47:07.0
19	Conway	Dana	F	40	Vadnais Heights	MN	1:47:24.6
20	Houdek	Lisa	F	40	Minneapolis	MN	1:47:56.8
21	Elzy	Tammy917	F	41	Lindstrom	MN	1:50:02.2
22	Gralish	Amy	F	41	Chisago	MN	1:50:19.4
23	Borman	Alicia	F	44	Eagan	MN	1:50:32.2
24	Lyp	Jody	F	40	Valparaiso	IN	1:52:02.6
25	Mccallum	Lisa	F	43	Arden Hills	MN	1:52:05.5
26	Williams	Kimberly	F	41	Ham Lake	MN	1:55:15.6
27	Prew	Bridgette	F	41	Minneapolis	MN	1:56:07.0
28	Garvis	Rhonda	F	44	Plymouth	MN	1:56:13.6
29	Novak	Bunnie	F	40	Fargo	ND	1:56:33.2
30	Howard	Lynn	F	43	Nisswa	MN	1:56:58.6
31	Bunde	Melissa	F	40	Madison Lake	MN	1:58:00.4
32	Krenz	Jodi	F	44	Schofield	WI	1:58:55.0

33	Hovelsrud	Jennifer	F	40	Edina	MN	1:59:27.0
34	Obst	Maryanne	F	44	Scandia	MN	1:59:32.8
35	Vaagenes	Kirsten	F	42	Little Falls	MN	1:59:38.0
36	Stob	Leanne	F	42	North St. Paul	MN	1:59:54.3
37	Cartwright	Karin	F	40	Saint Francis	MN	2:00:35.0
38	Carlson Paetznick	Cynthia	F	43	Chisago City	MN	2:02:17.7
39	Getchell	Joyce	F	41	Forest Lake	MN	2:02:32.9
40	Rose	Janine	F	43	Scandia	MN	2:02:41.3
41	Hofstad	Becky	F	41	Golden Valley	MN	2:03:08.9
42	Leger	Leah	F	42	Mound	MN	2:03:18.5
43	Antisdell	Della	F	43	Stacy	MN	2:04:52.1
44	Paul	Sara	F	42	Orono	MN	2:06:40.8
45	Minnichsoffer	Rita	F	41	Lindstrom	MN	2:08:10.0
46	Linders	Maria	F	44	Lino Lakes	MN	2:09:43.5
47	Hale	Carla	F	42	Woodbury	MN	2:10:18.6
48	Kyeek	Lou	F	42	St Paul	MN	2:11:19.6
49	Becker	Tracy	F	42	Rochester	MN	2:11:35.7
50	Kretman	Andrea	F	40	Afton	MN	2:12:10.6
51	Terryll	Kathy	F	42	Chaska	MN	2:12:23.2
52	Moeller	Janel	F	42	Forest Lake	MN	2:17:03.6
53	Karrmann	Jan	F	42	Cannon Falls	MN	2:18:12.0
54	Wright	Jill	F	42	White Bear	MN	2:20:39.5
55	Baay	Alisa	F	40	Forest Lake	MN	2:20:53.9
56	Buesseler	Carla	F	40	Stacy	MN	2:23:08.6
57	Winkle	Patty	F	42	Cambridge	MN	2:34:51.2

F45-49

1	Newcomb	Kathy	F	45	Woodbury	MN	1:40:24.8
2	Klosterman	Amy	F	48	White Bear Lake	MN	1:41:18.1
3	Tschida	Barb	F	48	Turtle Lake	WI	1:42:48.3
4	Nemeth	Jayne	F	45	Minneaolis	MN	1:43:31.2
5	Tolman-sontag	Peggy	F	47	Center City	MN	1:45:03.2
6	Graif	Lynn	F	47	Elk River	MN	1:45:35.0
7	Winecke	Sally	F	46	Eagan	MN	1:48:45.8
8	Kennedy	Michelle	F	48	North Oaks	MN	1:49:17.0
9	Harris	Ann	F	47	Forest Lake	MN	1:50:19.6
10	Peterson	Susan	F	48			1:52:26.2
11	Tretsvan	Shelly	F	46	Shoreview	MN	1:52:40.2
12	Shrode	Doreen	F	49	Delano	MN	1:53:02.1
13	Lyon	Veronica	F	49	Schofield	WI	1:53:19.4
14	Knutson	Michele	F	47	Mankato	MN	1:54:13.9
15	Kaup	Tara	F	49	Inver Grove Heights	MN	1:55:31.4
16	Kimlinger	Katie	F	46	Lindstrom	MN	1:55:48.5
17	McGinnity	Cathleen	F	45	Luck	WI	1:56:09.8
18	Richard	Penny	F	47	Stanchfield	MN	1:56:42.6
19	Marquis	Sue	F	49	Lindstrom	MN	1:57:09.8
20	Teefy	Mara	F	47	Golden Valley	MN	1:57:25.0
21	Long	Denise	F	47	St Paul	MN	1:57:40.2
22	Bulson	Nancy	F	46	Inver Grove Heights	MN	1:59:26.5
23	Marcotte	Julie	F	49	Anoka	MN	2:00:40.8
24	Thomsen	Anne	F	48	Chisago City	MN	2:01:31.3
25	Anderson	Ann	F	48	Cottage Grove	MN	2:04:07.9
26	Rendall	Laura	F	47	Minnetonka	MN	2:05:45.8

27	Langner	Lisa	F	49	Lakeville	MN	2:05:52.9
28	Adix	Anne	F	45	Monticello	MN	2:06:57.2
29	Miner	Lynda	F	46	Winona	MN	2:08:06.4
30	Lundgren	Sue	F	45	Eagan	MN	2:09:46.8
31	Hollingsworth	Laura	F	47	Rush City	MN	2:10:46.9
32	Munoz	Cathy	F	46	Andover	MN	2:10:57.3
33	Vanneste	Donna	F	47	Shoreview	MN	2:11:16.5
34	Engen	Susan	F	46	Edina	MN	2:12:31.5
35	Steichen	Sharon	F	45	Lino Lakes	MN	2:13:45.7
36	Steinmetz	Tammy A	F	45	Chippewa Falls	WI	2:20:01.0
37	Hauge	Amy	F	45	Fridley	MN	2:22:04.8
38	Hinkemeyer	Brenda	F	47	Clear Lake	MN	2:25:38.2
39	Thorsen	Laura	F	45	Lindstrom	MN	2:36:21.6

F50-54

1	Tedlund	Robin	F	52	Duluth	MN	1:33:05.6
2	Hansen	Laura	F	52	White Bear Lake	MN	1:41:04.7
3	Arnold	Terry	F	51	Lindstrom	MN	1:48:44.8
4	Navis	Chris	F	53	Oshkosh	WI	1:51:20.0
5	Datta	Yvonne	F	50	Minneapolis	MN	1:53:20.5
6	Tinglov	Gale	F	54	St Cloud	MN	1:53:48.7
7	Gruntner	Linda	F	52	Chisago City	MN	1:53:56.4
8	Kenney	Molly	F	51	Minneapolis	MN	1:58:20.0
9	Cunnien	Karen	F	51	Brooklyn Park	MN	1:58:44.3
10	Meyer	Janeen	F	51	Lodi	WI	2:01:58.1
11	Gergen-mandel	Kathleen	F	52	Apple Valley	MN	2:06:41.7
12	Johnson	Melissa	F	50	White Bear Lake	MN	2:12:33.3
13	Kraling	Mary	F	51	Lindstrom	MN	2:16:45.3
14	Alfors	Pauline	F	50	New Brighton	MN	2:17:18.5
15	Ewen	Barb	F	53	Rochester	MN	2:17:56.6
16	Lee	Marcia	F	54	St. Louis Park	MN	2:18:33.4
17	Larsen	Karen	F	54	St. Paul	MN	2:25:10.4
18	Zaffke	Debra	F	54	Rochester	MN	2:28:07.4
19	Waddell	Karla	F	53	Lindstrom	MN	2:29:17.0
20	Casper	Dannette	F	51	Minnetonka	MN	2:29:49.8
21	Anderson	Yvonne	F	53	Chisago City	MN	2:34:07.9
22	Olson	Cindy	F	53	Pine City	MN	2:37:50.4
23	Sandell	Elizabeth	F	52	New Hope	MN	2:47:34.3

F55-59

1	St. Pierre	Toni	F	56	Minneapolis	MN	1:40:11.1
2	Markham-cousins	Carol	F	55	Minneapolis	MN	1:43:09.4
3	Peterson	Julie	F	55	Cambridge	MN	1:44:38.8
4	Holt	Susan	F	55	Plymouth	MN	1:48:31.8
5	Minder	Jeanne	F	58	Shoreview	MN	1:48:33.2
6	Gregory	Dianne	F	59	St Paul	MN	1:52:29.5
7	Sanders	Michel	F	57	Saint Paul	MN	1:54:19.4
8	Hunter	Peggy	F	59	White Bear Lake	MN	1:56:47.2
9	Cisewski	Diane	F	58	Edina	MN	2:00:06.8
10	Marden-lokken	Sandy	F	57	Duluth	MN	2:01:17.8
11	Wasland	Suzan	F	56	Little Falls	MN	2:10:31.5
12	Turnham	Susan Mattis	F	55	Duluth	MN	2:12:09.4
13	Tane	Katherine	F	56	St Paul	MN	2:52:26.0
14	Sery	Lindsay	F	55	Ham Lake	MN	3:07:26.0

F60-64

1	Meek	Connie	F	64	Hayward	WI	1:55:36.0
2	Nauen	Lindsay	F	60	St Paul	MN	3:39:37.0

M15&U

1	Bloom	Daniel	M	15	Loveland	CO	1:39:31.2
2	Totall	Jacob	M	13	Minneapolis	MN	1:42:49.7
3	Lyp	Andrew	M	15	Valparaiso	IN	1:43:03.3
4	Elliott	Enoch	M	13	Minneapolis	MN	1:45:37.6
5	Berry	Ethan	M	13	Stillwater	MN	1:56:02.5
6	Yasis	Josh	M	15	Dresser	WI	2:00:32.6
7	Martin	Adam	M	15	Pine City	MN	2:08:14.5
8	Hollenbeck	Andrew	M	11	Coon Rapids	MN	2:28:22.5

M16-17

1	Walsh	London	M	17	Hudson	WI	1:35:29.6
2	Smith	Ryan	M	17	Lindstrom	MN	1:36:03.7
3	Peloquin	Cole	M	16	Lindstrom	MN	1:40:04.4
4	Wilvers	Floyd	M	17			1:41:39.3
5	Turman	Avery	M	16	Lindstrom	MN	1:41:43.6
6	Maring	Peter	M	16	Harris	MN	1:45:14.5
7	Denison	Zach	M	17	Gainesville	TX	1:48:10.3
8	Kraemer	John	M	16			1:49:14.8
9	Ambrose	Durico	M	16	Minneapolis	MN	1:50:42.7

M18-19

1	Donahue	Steven	M	18	Plymouth	MN	1:30:15.5
2	Wright	Ryan	M	19	Wyoming	MN	1:31:20.4
3	Leschisin	Samaul	M	19	Sherwood	WI	1:32:15.6
4	Hecht	Tyler	M	18	Somerset	WI	1:32:26.6
5	Miner	Sammy	M	19			1:35:59.2
6	Wurdemann	Josh	M	19	Harris	MN	1:38:20.3
7	Connerton	Patrick	M	19	Ham Lake	MN	1:41:54.0
8	Strom	Alex	M	18	Plymouth	MN	1:42:30.4
9	Howieson	William	M	19	Good Thunder	MN	1:44:53.1
10	Hertelendy	Patrick	M	18	Golden Valley	MN	1:47:27.7
11	Caya	Nolan	M	19	Lindstrom	MN	1:51:39.5
12	Misner	Michael	M	19	Scottsdale	AZ	1:54:48.6
13	Stowe	Kyle	M	18	Minnetonka	MN	1:59:22.6

M20-24

1	Rogalla	Denver	M	20	Morris	MN	1:26:17.8
2	Duijndam	Rob	M	22	Falcon Heights	MN	1:28:49.0
3	Quigley	Brian	M	22	Coon Rapids	MN	1:28:58.2
4	Hughes	Louis	M	20			1:29:24.3
5	Lindquist	Jeremy	M	23	Shakopee	MN	1:30:25.2
6	Schubert	Joe	M	21	St Paul	MN	1:32:28.4
7	Ungs	Ben	M	21	Marion	IA	1:32:32.1
8	Young	Justin	M	23	Roseville	MN	1:34:46.9
9	Good	Zach	M	20	Stacy	MN	1:35:53.7
10	Hess	Nick	M	20	Anoka	MN	1:35:57.7
11	Good	Cody	M	22	Stacy	MN	1:36:23.5
12	Cousins	Collin	M	23	Minneapolis	MN	1:36:39.0
13	Newbury	Nick	M	21	Urbandale	IA	1:36:51.2
14	Smith	Tyler	M	22	Minneapolis	MN	1:36:57.6
15	Timmer	Jason	M	24	Stillwater	MN	1:41:54.8

16	Keeler	Loren	M	23	Big Lake	MN	1:44:16.8
17	Walby	Brent	M	22	Coon Rapids	MN	1:44:32.5
18	Rice	Jon	M	20	Eden Prairie	MN	1:53:48.3
19	Gondeck	Samuel	M	21	Wayzata	MN	1:59:22.8
20	Starken	Daniel	M	24	Woodbury	MN	2:06:58.1
21	Bleskey	Robert	M	23	Coon Rapids	MN	2:14:01.3
22	Penrod	Nathan	M	21	Dayton	OH	2:20:30.9

M25-29

1	Parish	Partick	M	25	Circle Pines	MN	1:15:17.2
2	Falkowski	Jonathan	M	29	Lakeville	MN	1:21:43.6
3	Shulha	Andrew	M	26	Rochester	MN	1:26:35.5
4	Thillen	Samuel	M	26	Minneapolis	MN	1:27:06.6
5	Koepp	Kris	M	28	Rochester	MN	1:27:20.0
6	Kadera	Aaron	M	28	White Bear Township	MN	1:27:36.6
7	Hanssen	Lee	M	27	St. Louis Park	MN	1:28:32.7
8	Harke	Dan	M	26	Rochester	MN	1:29:57.7
9	Wilson	Stephen	M	25	Golden Valley	MN	1:31:36.0
10	Hadrich	Ben	M	27	Mcgregor	MN	1:31:56.3
11	Ramkey	John	M	27	Madison	WI	1:32:07.9
12	Martin	Jesse	M	29	Edina	MN	1:33:01.9
13	Williams	David	M	26	Rochester	MN	1:33:06.1
14	Madden	Dennis	M	28	St Cloud	MN	1:34:03.5
15	Hanson	Ryan	M	29	Dresser	WI	1:35:39.9
16	Peterka	Mitch	M	26	Minneapolis	MN	1:36:20.2
17	Dawson	Bevin	M	26	Saint Paul	MN	1:36:30.6
18	Papai	Samuel	M	26	Minneapolis	MN	1:37:38.3
19	Kandiko	Tom	M	26	Excelsior	MN	1:37:39.7
20	Mccathie	Travis	M	29	Eden Prairie	MN	1:38:05.6
21	Hill	Craig	M	27	Minneapolis	MN	1:38:24.9
22	Kamrath	Chris	M	28	Chippewa Falls	WI	1:38:37.5
23	Adams	Nicholas	M	26	Plymouth	MN	1:39:40.9
24	Ewen	Scott	M	26	St. Cloud	MN	1:39:45.7
25	Buth	Jordan	M	29	Blaine	MN	1:40:11.9
26	Bell	Anthony	M	29	Ramsey	MN	1:40:57.5
27	Al-haddad	Benjamin	M	27	Minneapolis	MN	1:42:02.3
28	Anderson	Erik	M	27	Lino Lakes	MN	1:43:17.7
29	Masters	Michael	M	27	Hopkins	MN	1:43:56.7
30	Radloff	Jon	M	25	St Louis Park	MN	1:44:10.2
31	Miakotin	Anton	M	27	Minneapolis	MN	1:45:05.5
32	Baier	Jeremy	M	25	Minneapolis	MN	1:45:26.8
33	Jensen	Brandon	M	26	Edina	MN	1:45:47.2
34	Schafer	Matthew	M	27	St. Cloud	MN	1:47:18.2
35	Carlson	Andrew	M	29	Minneapolis	MN	1:47:37.3
36	Sclavi	Chad	M	29	Minneapolis	MN	1:47:59.0
37	Meland	Robby	M	27	Fargo	ND	1:48:15.1
38	Thiewes	Eric	M	25	Chaska	MN	1:49:07.2
39	Min	Michael	M	28	Minneapolis	MN	1:49:17.1
40	Anderson	Robert	M	29	Bloomington	MN	1:49:37.2
41	Niemeier	Anthony	M	26	Minneapolis	MN	1:49:38.7
42	Menke	Dustin	M	26	Chicago	IL	1:49:58.8
43	Bagge	Matthew	M	27	Plymouth	MN	1:50:04.3
44	Sturm	Scott	M	25	White Bear Lake	MN	1:50:39.2

45	Seubert	Troy	M	29	Maple Valley	AA	1:51:23.8
46	Hawkins	Kyler	M	26	Grand Marais	MN	1:51:52.4
47	Cisewski	Walter	M	29	Minneapolis	MN	1:52:16.1
48	Harrison	Jonathan	M	25	Woodbury	MN	1:52:41.7
49	Cmiel	Nicholas	M	27	Arden Hills	MN	1:52:44.9
50	Coe	Josh	M	29	White Bear Lake	MN	1:53:06.3
51	Rice	Joel	M	27	Eden Prairie	MN	1:56:06.7
52	Debel	Dylan	M	28	North Branch	MN	1:57:48.3
53	Sexe	Ben	M	28	Richfield	MN	1:58:31.1
54	Mulligan	Michael	M	26	St Louis Park	MN	1:59:23.7
55	Puelston	Kyle	M	28	North Branch	MN	1:59:42.2
56	Kennedy	Matthew	M	29	Minneapolis	MN	2:00:53.2
57	Adams	James	M	27	Bloomington	MN	2:01:34.8
58	Carson	Jacob	M	27	North Branch	MN	2:02:52.4
59	Bernhardt	Chris	M	27	Saint Paul	MN	2:04:54.2
60	Husemann	Matt	M	27	Rosemount	MN	2:16:14.3
61	Teske	Justin	M	28	St Paul	MN	2:18:24.9

M30-34

1	Blankenheim	Josh	M	30	Duluth	MN	1:16:25.9
2	Hankee	Michael	M	33	Lino Lakes	MN	1:25:24.8
3	Neary	Andy	M	33			1:25:37.2
4	Hall	Mederic	M	30	Rochester	MN	1:26:12.7
5	Kurhajetz	Rich	M	30	Robbinsdale	MN	1:27:21.6
6	Petree	Chris	M	33	Lakeville	MN	1:30:19.3
7	Derung	Kevin	M	34	Bethel	MN	1:30:35.6
8	Maurer	Matt	M	34	Rochester	MN	1:30:57.1
9	Hirsch	David	M	32	Minneapolis	MN	1:31:51.5
10	Stadtlander Iii	William	M	33	Minneapolis	MN	1:32:46.6
11	Voorhees	Jared	M	30	Golden Valley	MN	1:32:59.1
12	Koch Schenkel	Cristiano Junior	M	34	Minneapolis	MN	1:34:08.9
13	Cowan	Neil	M	33	St Louis Park	MN	1:35:11.8
14	Tomaska	Milan	M	33	Woodbury	MN	1:35:32.3
15	Frandsen	Chad	M	34	Burnsville	MN	1:35:51.7
16	Holmes	Sean	M	31	Chaska	MN	1:36:21.4
17	Hendrickson	Craig	M	34	Hopkins	MN	1:37:12.7
18	Helbling	Casey	M	33	Minneapolis	MN	1:37:24.7
19	Skarda	Dustin	M	32	South St. Paul	MN	1:37:30.1
20	Miller	Scott	M	31	St Louis Park	MN	1:37:55.8
21	Romero	Brian	M	31	Chisago	MN	1:37:58.2
22	Baranowski	Mike	M	31	Golden Valley	MN	1:38:15.1
23	Flores	Rich	M	33	Sauk Rapids	MN	1:39:12.1
24	Edmonson	Tim	M	30	Apple Valley	MN	1:39:37.6
25	Hjelle	Brette	M	34	Minneapolis	MN	1:39:47.8
26	May	Lucas	M	32	Forest Lake	MN	1:41:18.5
27	Forrest	Christopher	M	30	Ham Lake	MN	1:41:33.4
28	Coddington	Mike	M	31	Eden Prairie	MN	1:42:13.2
29	Hoffman	Mark	M	32	Minneapolis	MN	1:43:23.6
30	Hornsten	John	M	34	Eagan	MN	1:44:14.4
31	Kim	Adam	M	34	Saint Paul	MN	1:44:18.6
32	Klostermann	Chad	M	32	Wyoming	MN	1:44:36.8
33	Woodley	Kyle	M	30	Costa Mesa	CA	1:45:02.5
34	Schilling	Eric	M	34	Minneapolis	MN	1:45:16.3

35	Krieg	Chris	M	32	Shakopee	MN	1:45:31.0
36	Harrelson	Jeremiah	M	34	Hudson	WI	1:45:47.1
37	Bergeron	Joshua	M	32	Lindstrom	MN	1:45:51.4
38	George	Brian	M	30	Minneapolis	MN	1:46:04.5
39	Ward	Peter	M	34	Osceola	WI	1:46:17.8
40	Leboff	Richard	M	32	Minneapolis	MN	1:46:30.3
41	Bixby	Brent	M	32	Maplewood	MN	1:47:10.8
42	Johnson	Jeremiah	M	32	Coon Rapids	MN	1:48:03.8
43	Walker	Dion	M	34	Shoreview	MN	1:49:32.0
44	Bergeron	Justin	M	30	Zimmerman	MN	1:54:11.7
45	Mack	John	M	34	Mahtomedi	MN	1:54:48.6
46	Schomaker	Matt	M	34	Champlin	MN	1:56:02.9
47	Fanous	Michael	M	30	Minneapolis	MN	2:00:01.1
48	Wahlstrom	Shawn	M	34	Ogilvie	MN	2:01:25.0
49	Otremba	Tim	M	32	Saint Paul	MN	2:03:03.3
50	Vetter	Robert	M	30			2:03:30.6
51	Andersen	Jens	M	30	Plymouth	MN	2:03:59.3
52	Nazal	Ceferino	M	33	Albertville	MN	2:05:55.5
53	Atkins	Jamie	M	34	Cottage Grove	MN	2:06:13.3
54	Mings	Michael	M	34	Edina	MN	2:07:23.9
55	Forga	Chad	M	30	Lino Lakes	MN	2:07:45.2
56	Nelsen	Chris	M	32	Cottage Grove	MN	2:07:49.0
57	Benedict	Evan	M	33	Minneapolis	MN	2:13:18.8
58	Schipper	Jeffrey	M	31	Wyoming	MN	2:21:37.3

M35-39

1	Broadmoore	Andrew	M	35	Duluth	MN	1:27:19.9
2	Weigel	Joshua	M	35	Rochester	MN	1:27:30.0
3	Theissen	Mark	M	38			1:29:38.1
4	Sciara	Sean	M	39	Blain	MN	1:30:54.4
5	Sroga	Jeremy	M	37	Fridley	MN	1:33:38.2
6	Hawes	Christopher	M	36	Minneapolis	MN	1:33:48.9
7	Crane	Charles	M	36	Minneapolis	MN	1:34:07.3
8	Benson	Jason	M	39	Lino Lakes	MN	1:35:45.1
9	Mcgahey	Peter	M	37	North Mankato	MN	1:35:51.4
10	Kirschman	Chris	M	35	Bethel	MN	1:37:18.6
11	Haug	Eric	M	37	Minneapolis	MN	1:38:06.1
12	Anondson	Jason	M	36	Saint Louis Park	MN	1:38:51.2
13	Kohl	Robert	M	39	Ham Lake	MN	1:38:57.7
14	Olson	Erik	M	39	Shakopee	MN	1:39:28.0
15	Spiller	Jason	M	36	Hopkins	MN	1:39:31.5
16	Devries	Jason	M	35	Lindstrom	MN	1:40:41.5
17	Heel	Tim	M	38	Chanhassen	MN	1:41:02.3
18	Olin	Steve	M	37	Minneapolis	MN	1:41:20.8
19	Ulman	Mark	M	39	North Mankato	MN	1:41:31.4
20	Eklund	Nathan	M	38	Golden Valley	MN	1:42:18.0
21	Sherman	Jesse	M	39	Madison	WI	1:42:23.1
22	Stanek	Sean	M	35	Center City	MN	1:44:09.8
23	Wynne	Dallas	M	36	Dresser	WI	1:44:13.2
24	Wangsness	Michael	M	37	Wyoming	MN	1:44:45.2
25	Cross	Jeff	M	35	Champlin	MN	1:45:12.9
26	Falteysek	Brad	M	36	Eagan	MN	1:46:05.0
27	Lesov	Paul	M	37	Maple Grove	MN	1:46:06.2

28	Nemes	Csaba	M	39	Shoreview	MN	1:46:17.6
29	Watson	Chris	M	36	Andover	MN	1:46:53.8
30	Swanson	Shane	M	36	Hugo	MN	1:47:06.6
31	Fisk	Mat	M	38			1:48:00.4
32	Dolan	Joe	M	36	Minneapolis	MN	1:48:01.3
33	Kelly	Ryan	M	38	Rochester	MN	1:48:56.3
34	Bixby	Jonathan	M	37	Hugo	MN	1:48:57.6
35	Fertch	Shawn	M	39	Forest Lake	MN	1:50:05.2
36	Anderson	Dave	M	37	Fridley	MN	1:50:58.7
37	Dupont	Michael	M	37	Minneapolis	MN	1:51:22.6
38	Dunnewind	Scott	M	39	Minnetonka	MN	1:55:30.4
39	Vigness	Jeffrey	M	36	Hopkins	MN	1:55:46.6
40	Jechorek	John	M	35	Cumberland	WI	1:55:48.4
41	Wynia	Jonathan	M	38	New Brighton	MN	1:55:58.9
42	Berry	Don	M	35	Stillwater	MN	1:56:02.9
43	Daly	Sean	M	36	Orono	MN	1:56:31.9
44	Kuhlman	Jason	M	36	Stacy	MN	1:58:05.7
45	Hannon	Tim	M	37	Blaine	MN	1:58:17.3
46	Sprado	Andy	M	36	Lindstrom	MN	1:58:19.3
47	Talbot	Kevin	M	39	St. Paul	MN	1:58:54.3
48	Miller	Eric	M	39	Forest Lake	MN	2:01:22.7
49	Griffin	Dan	M	38	Minneapolis	MN	2:04:40.9
50	Paraschou	Milam	M	37	Eden Prairie	MN	2:05:21.7
51	Parsons	Dave	M	39	Elk River	MN	2:05:37.0
52	Wagner	Keith	M	38	Forest Lake	MN	2:10:12.0
53	Wefel	Christopher	M	39	North Lakes	MN	2:11:36.3
54	Timmerman	Alec	M	36	St Paul	MN	2:16:10.9
55	Slavik	Jonathan	M	36	Lindstrom	MN	2:23:36.5
56	Lucy	Thomas	M	37	Saint Paul	MN	2:26:08.4
57	Hollenbeck	Brian	M	38	Coon Rapids	MN	2:28:22.3
58	Plitnick	Ian	M	35	Plymouth	MN	2:28:53.7
59	Therkilsen	Troy	M	36	New Hope	MN	2:43:34.1

M40-44

1	Penticoff	Scott	M	40	Woodbury	MN	1:16:38.0
2	Downare	Taggart	M	40	St Cloud	MN	1:20:34.1
3	Peterson	Mike	M	41	Maple Grove	MN	1:25:06.8
4	Armour	Jonathan	M	41			1:25:47.0
5	Blair	Mike	M	41	Prior Lake	MN	1:28:16.7
6	McGaver	Joe	M	40	Duluth	MN	1:29:10.3
7	Pauley	Brian	M	44	Eau Claire	WI	1:30:19.6
8	Barrios	Nolan	M	42	Stillwater	MN	1:31:50.7
9	Opdahl	Todd	M	44	Chisago City	MN	1:32:49.3
10	Watson	Paul	M	41	Farmington	MN	1:34:48.4
11	Fiorillo	Tony	M	44	Prior Lake	MN	1:35:36.8
12	Tiede	Peter	M	44	River Falls	WI	1:35:55.0
13	Szymanski	Tim	M	42	Highlands Ranch	CO	1:35:58.5
14	Olsen	Kurt	M	40	Elk River	MN	1:36:14.3
15	Navis	Steve	M	43	Oshkosh	WI	1:37:29.7
16	Colby	John	M	41	Edina	MN	1:39:54.0
17	Weaver	Todd	M	43	Stillwater	MN	1:41:03.6
18	Zeller	Anthony	M	44	Lakeville	MN	1:41:29.5
19	Wakefield	Ed	M	42	Center City	MN	1:42:45.7

20	Hofstad	Michael	M	43	Golden Valley	MN	1:44:30.7
21	Keegan	Jim	M	43	Plymouth	MN	1:44:47.2
22	Bastiaens	Willem	M	42	Scandia	ME	1:45:12.5
23	Timm	Craig	M	40	Center City	MN	1:45:24.7
24	Wurdemann	Pete	M	42	Harris	MN	1:45:30.8
25	Wolf	Jeff	M	44	Osceola	WI	1:45:43.2
26	Myhre	Mark	M	40	Eden Prairie	MN	1:48:26.5
27	Willett	Andrew	M	41	Saint Louis Park	MN	1:48:45.8
28	Twedt	Michael	M	44	Eden Prairie	MN	1:49:44.7
29	Mccollough	Mark	M	40	Minneapolis	MN	1:49:46.0
30	Mcintyre	Dan	M	42	Coon Rapids	MN	1:50:02.1
31	Scheele	Aaron	M	44			1:51:23.1
32	Jorgensen	Scott	M	42	Columbia Hts	MN	1:52:37.2
33	Goralnick	Max	M	41	Hugo	MN	1:52:46.0
34	Prew	Chris	M	44	Minneapolis	MN	1:53:08.1
35	Carlson	Tim	M	42	Chisago City	MN	1:54:22.3
36	Mccomas	Tom	M	44	Minneapolis	MN	1:55:24.9
37	Prazich	Gary	M	42	Maple Grove	MN	1:55:52.3
38	Gibson	Mark	M	44	Lindstrom	MN	1:58:24.7
39	Obst	Andrew	M	43	Scandia	MN	1:59:32.9
40	Szymanski	Terry	M	41	Eagan	MN	2:04:51.1
41	Bryan	James	M	43	Chaska	MN	2:05:33.6
42	Gudmunson	Dalen	M	43	Cottage Grove	MN	2:07:03.5
43	Bruno	Ben	M	40	Lake Elmo	MN	2:08:55.5
44	Adix	John	M	41	Monticello	MN	2:11:09.5
45	Lyp	Patrick	M	40	Valparaiso	IN	2:11:25.3
46	Byrkit	Scott	M	43	North Branch	MN	2:15:28.5
47	Borgaonkar	Harshad	M	42	Blaine55434	MN	2:31:56.7
48	Carver	Jim	M	42	Lino Lakes	MN	2:37:58.3

M45-49

1	Graif	James	M	48	Elk River	MN	1:25:04.7
2	Crowley	Tim	M	45			1:25:29.2
3	Vesterstein	Kirk	M	49	Dututh	MN	1:27:14.1
4	Dahl	Greg	M	47	Lake Elmo	MN	1:27:58.3
5	Knutson	Randall	M	47	Mankato	MN	1:32:43.8
6	Ryshavy	John	M	45	Wayzata	MN	1:35:08.6
7	Nelson	Ron	M	47	Eden Prairie	MN	1:35:38.7
8	Miner	Mark	M	46	Winona	MN	1:36:00.6
9	Westphal	Fritz	M	46	Minneapolis	MN	1:36:02.1
10	Leary	Glenn	M	47	St Paul	MN	1:36:45.3
11	Simpson	Michael	M	48	Minneapolis	MN	1:37:18.6
12	Garvis	Bill	M	45	Plymouth	MN	1:37:44.0
13	Keller	Michael	M	45	Minneapolis	MN	1:37:55.9
14	Kassekert	Tom	M	48	Blaine	MN	1:38:11.6
15	Burr	Tom	M	46	Rogers	MN	1:39:14.1
16	Stanze	Keith	M	47	Hudson	WI	1:39:16.3
17	Chmielewski	Dean	M	47	Shakopee	MN	1:40:06.3
18	Register	Kevin	M	49	Fargo	ND	1:40:17.9
19	Sharpe	William	M	48	Deephaven	MN	1:41:00.7
20	Egan	Patrick	M	46	Mendota Heights	MN	1:42:46.8
21	Larsen	Dwight	M	48	Wayzata	MN	1:42:52.2
22	Barry	Brian	M	45	White Bear Lake	MN	1:43:04.6

23	Swenson	Eric	M	47	Minneaolis	MN	1:43:43.6
24	Deihl	Kiffin	M	45	New Prague	MN	1:43:47.4
25	Liu	Victor	M	48	Plymouth	MN	1:44:41.8
26	Chiodo	Marc	M	48	Minneapolis	MN	1:44:58.2
27	Roehig	Mark	M	46	Stillwater	MN	1:45:45.5
28	Madryga	Joe	M	48			1:46:31.4
29	Eskierka	Jeffrey	M	49	Saint Anthony	MN	1:47:01.6
30	Tanner	Tim	M	46	Plymouth	MN	1:47:13.7
31	Gutzmann	Pete	M	49	S St. Paul	MN	1:51:23.5
32	Vieceli	Mike	M	46	Maple Grove	MN	1:52:38.4
33	Clysdale	Stephen	M	47	Mahtomedi	MN	1:53:57.3
34	Walmsley	Daniel	M	49	Eagan	MN	1:54:25.7
35	Hynes	Tim	M	45			1:56:13.1
36	Minder	Matt	M	46	Maplewood	MN	1:56:29.2
37	Thorsen	Greg	M	47	Lindstrom	MN	1:56:58.5
38	Paschke	Thomas	M	47			1:58:01.9
39	Jannrich	Pat	M	45	Lino Lakes	MN	2:01:06.6
40	Howard	Todd	M	45	Roseville	MN	2:03:09.1
41	Simmons	Bryan	M	47	Minneapolis	MN	2:04:48.8
42	Pelequin	Dave	M	49	Prescott	WI	2:04:59.8
43	Howard	Joe	M	46	Nisswa	MN	2:08:01.6
44	Jennissen	Bob	M	47	Lindstrom	MN	2:10:45.4
45	Boudin	Bryan	M	46	Lindstrom	MN	2:36:32.2

M50-54

1	Tjosvold	Doug.	M	52			1:30:56.8
2	Wildman	Joe	M	54	Milaca	MN	1:31:35.6
3	Wynveen	Doug	M	54	Osceola	WI	1:33:50.7
4	Bauer	Tim	M	50	Eagan	MN	1:33:57.0
5	Hess	Michael	M	50			1:34:28.0
6	Tedlund	Tom	M	53	Duluth	MN	1:36:27.0
7	Mclaughlin	Thomas	M	50	Center City	MN	1:37:59.6
8	Roesler	Tim	M	54	Deephaven	MN	1:38:24.4
9	Marzynski	Paul	M	50	Maple Grove	MN	1:41:51.2
10	Happy	Douglas	M	52	Duluth	MN	1:42:21.3
11	Justinak	Vincent	M	52	Blaine	MN	1:42:31.8
12	Kelly	Brian	M	51	Mahtomedi	MN	1:43:29.6
13	Zwiers	Brian	M	50	Hilbert	WI	1:44:31.1
14	Mccormick	Mike	M	51	Isanh	MN	1:47:54.3
15	Wegwerth	Bill	M	54	Maplewood	MN	1:49:11.9
16	Graif	Michael	M	53	Byron	MN	1:49:45.8
17	Trombley	Craig	M	51	Dayton	MN	1:50:29.5
18	Jyring	Ron	M	51	Bismark	ND	1:53:39.6
19	Borries	Stuart	M	53	Robbinsdale	MN	1:57:44.4
20	Ohara	Kelly	M	53	Rochester	MN	1:59:02.5
21	Fenning	John	M	54	Luck	WI	2:02:40.4
22	Shrode	Jeff	M	52	Delano	MN	2:04:19.9
23	Anderson	Scott	M	51	Hudson	WI	2:05:45.6
24	Olson	Bruce	M	54	Pine City	MN	2:13:02.1

M55-59

1	Dow	Dave	M	55	Stillwater	MN	1:25:54.2
2	Miner Jr	Jim	M	56	Duluth	MN	1:36:19.0
3	Bono	Michael	M	58	Minneapolis	MN	1:37:38.6

4	Fahrner	Steve	M	57	Minneapolis	MN	1:38:21.4
5	Cooley	Gregory	M	55	Sartell	MN	1:38:39.8
6	Dupre	David	M	56	White Bear Lake	MN	1:39:36.7
7	Kartak	Chuck	M	59	North Branch	MN	1:42:52.4
8	Lancaster	Peter	M	56	Minneapolis	MN	1:44:19.4
9	Wilson	Roy	M	57	St Paul	MN	1:44:50.2
10	Rauschenfels	Mark	M	55	Duluth	MN	1:47:06.6
11	Tane	Jeffrey	M	55	St Paul	MN	1:47:06.9
12	Benson	Thomas	M	56	Minneapolis	MN	1:48:24.0
13	Lawrence	Jim	M	55	Minnetonka	MN	1:49:52.0
14	Pohlkamp	Terry	M	59	Scandia	MN	1:50:31.8
15	Bjorke	Michael	M	57	Montrose	MN	1:52:53.4
16	Hagan	Patrick	M	56	Minneapolis	MN	1:54:51.0
17	Barringer	Tom	M	55	St.francis	MN	1:54:51.4
18	Chisholm	Tim	M	56	North Branch	MN	1:56:50.8
19	Moore	Eric	M	58	Maple Grove	MN	1:58:47.8
20	Gibbons	Mike	M	56	Woodbury	MN	2:02:56.3
21	Meister	Thomas	M	58	St Croix Falls	WI	2:06:37.4
22	Soholt	Jerry	M	56	Sioux Falls	SD	2:12:49.9
23	Lines	Kevin	M	56	North Branch	MN	2:14:24.8
M60-64							
1	Clark	Barry	M	62	Lacrosse	WI	1:33:04.7
2	Colaizy	Michael	M	60	Osceola	WI	1:34:13.4
3	Millslagle	Duane	M	60	Duluth	MN	1:36:25.9
4	Reichel	Jeff	M	60	Stillwater	MN	1:36:57.3
5	Falkowski	Dr. Jon	M	61	Apple Valley	MN	1:42:16.4
6	Barber	John	M	62	Bloomington	MN	1:44:23.5
7	Gryskiewicz	Joe	M	62	Edina	MN	1:50:16.5
8	Couillard	Thomas	M	61	White Bear Lake	MN	1:50:19.8
9	House	Jerry	M	63	Maplewood	MN	1:50:22.6
10	Hans	Rick	M	63	Brainerd	MN	1:51:31.6
11	Kandiko	Joe	M	60	Excelsior	MN	1:55:51.2
12	Baier	Dennis	M	64	Cedar Rapids	IA	1:57:01.0
13	Beers	Bill	M	62	Lodi	WI	2:00:39.7
14	Krueger	Tom	M	60	Chisago City	MN	2:03:44.2
15	Plumbo	Joseph	M	63	Maplewood	MN	2:03:46.6
16	Gaudette	Gerry	M	63	Chisago City	MN	2:08:10.4
17	Dolan	Bob	M	63	Golden Valley	MN	2:09:30.9
18	Walts	Terence	M	63	Atlanta	GA	2:13:49.3
19	Weil	Richard	M	60	St. Paul	MN	2:38:57.2
M65-69							
1	Nelson	Lynn	M	69	Minneapolis	MN	1:51:59.0
2	Woodruff	Bob	M	67	Mounds View	MN	1:54:05.6
3	Berglund	Richard	M	65	Wyoming	MN	2:29:36.6
M70-74							
1	Meck	Don	M	71	Siren	WI	1:53:06.2
2	Hutchings	Harvey	M	70	Rochester	MN	2:05:15.3
M80-84							
1	Jordal	Jim	M	80	Center City	MN	2:25:50.5
M85-89							
1	Powers	Robert	M	86	White Bear Lake	MN	2:59:05.0